



THE PALMS WORLD

Sebring, Florida

Week of January 5, 2009

Ula Potlin - 100 Years Young



Saturday, December 27th residents and family members gathered to help Ula Potlin celebrate her 100th birthday.

Ula continues to attend group activities and Carol Kline honored her by singing "Happy Birthday" to her the day before her birthday.

You will undoubtedly see her at our next Red Hat Lunch as she is an active participant in this group.

Red Hat Lunch

All ladies are invited to the next Red Hat Lunch which will be held in the Oak Activity Center on Thursday, January 8th at 11:15 a.m.

This luncheon you will learn a lot of useles facts and have a few laughs. Remember laughter is a fun way to burn off calories!!

Undeck the Halls

We are continuing to take down Christmas decorations. Below is this week's schedule:

- Eighth floor - Mon., Jan. 5 - 9:30 a.m.
- Seventh floor - Mon., Jan. 5 - 1:00 p.m.
- Sixth floor - Tues., Jan. 6 - 9:30 a.m.
- Fifth floor - Tues., Jan. 6 - 1:00 p.m.
- Fourth floor - Wed., Jan. 7 - 9:30 a.m.

Friday Program

The special program for this week will feature
Gospel Notes
at 2:00 p.m. in the
Main Dining Room

Golden Days Ahead

As was discussed at the recent Town Hall Meeting, we are entering our 50th anniversary year for the Palms - 1959-2009.

Some very special events will take place monthly. We're kicking off this year with a block party on Saturday, January 10th from 2-4 p.m. This will be held outside the Oak Avenue entrance and flow into the parking lot. Watch for notices to be posted regarding parking in the Oak Avenue lot for this event.

We will be blocking off the street and have on display old cars and antique tractors. There will be food stations and an old-fashioned cake walk. For the younger generation we will have people available to do face painting We'll have a "bounce" house and a rock climbing wall.

You may even see a clown or two. WWOJ, our local radio station, will be doing a live remote broadcast which should draw a crowd.

Lester Kesselring, our historian, is heading up the committee working to make this a memorable year for everyone.

Floor Meetings

In preparation for this month's Association/Town Hall Meeting we will be having floor meetings in the Chapel. Please attend these meetings as this is your time to voice concerns that you would like to have addressed.

- Mon., Jan. 5 - 9:30 a.m. - 6th Floor
- Mon., Jan. 5 - 1:00 p.m. - 5th Floor
- Mon., Jan. 5 - 2:00 p.m. - 4th Floor
- Wed., Jan. 7 - 2:30 p.m. - ALF
- Thurs., Jan. 8 - 10:00 a.m. - Res. Council

Chaplain's Chat



By Chaplain Cecil Hess

A question I usually hear at the beginning of January: Where did Christmas go? After months of planing, shopping and other preparation, it is now over. Most decorations are gone, we hear no more Christmas carols, and we wait until next year Or do we?

Look at the Scriptures: after the shepherds came to visit the Christ child, where did they go? Very simply, they went back to work. There were sheep to tend, fences to mend. There is no record that they became ministers or missionaries - but we are told they were anxious to tell others about their experience.

How about the Wise Men? After giving their gifts, Matthew says they "returned home another way." Their reason was to avoid reporting to the King that they had seen the baby. But I suspect they not only returned home by another physical route, but that the entire experience gave them a new outlook and purpose in life.

Of course, there were Mary and Joseph. Mary had her hands full taking care of a newborn, while Joseph worked at his trade of carpentry. After spending some time in Egypt, they returned to Galilee, to be with family and friends. But they realized that God was guiding them each step of the way.

Fast forward 30 years, and you see the central figure: He came that we might have life, and have it more abundantly. Where did Christmas go? May its feelings of joy and sharing remain with us throughout the year. "Because He lives, we can face tomorrow." Thanks be to God.

Movies on the Big Screen!

Tuesday's movie at 6:30 p.m. will be "7 Brides for 7 Brothers" starring Howard Keel and Jane Powell. This musical comedy is about newlyweds who attempt to tame his rowdy bachelor brothers in the wild Oregon backwoods.

Wednesday night at 6:30 p.m. We're going to begin our "love bug" series by showing "The Love Bug" with Dean Jones. Herbie, the VW, has a mind of his own. Down on his luck race car driver teams up with Herbie and begins to win. However he learns that it's not his skill, but Herbie's that helps him win.

We will be showing "Cowboys and Angels" starring Adam Trese and Mia Kirshner Friday evening. A man left at the altar fears that he'll never love again until a mysterious and angelic lady appears in his life.

Due to the block party we will not have a Saturday matinee.

Sunday evening join us for the classic "African Queen." Humphrey Bogart and Katharine Hepburn bring this adventure to life. A boozing, smoking, cussing captain of a tramp steamer saves a prim and proper lady after her brother is killed by German soldiers in the beginning of World War I in Africa. They set sail on an adventure that makes this movie a classic.

Surprise Cinema

Don't forget the surprise movie on Monday night at 6:30 p.m. The name of the movie will be revealed during the day Monday.

Let's Travel

This week's travel adventure will take us onboard "Luxury Trains of the World." Join us at 2 p.m. Wednesday in the Oak Activity Center.

Coming Events

We have some interesting things happening in January. It's hard to believe it's still winter, so there are snowmen on the bulletin boards to remind you.

The 50th Anniversary of the Palms kicks off with a *block party* on Saturday the 10th.

Our *lunch* out this month will be on Tuesday the 13th. We're going to Bob Evans where you can enjoy breakfast any time of the day and great comfort food. Please sign up.

Since we won't have "live" entertainment on Friday, the 16th we will have the opportunity to watch "*Puccini's Great Love Scenes*." If you are an opera fan, you don't want to miss this on the big screen.

Activity Professional's Week is the 18th through the 23rd and we're going to be playing a special *bingo* game throughout the week. Everyone will get a bingo card with events from the monthly calendar. When you attend an event, have someone verify with their signature in that square and we will see who gets the first bingo (horizontal, vertical or diagonal.)

Monday, January 26th we will be having a theme meal celebrating the *Chinese New Year* which is the Year of the Ox. Chef Mac will be preparing a delicious Chinese meal at 5 p.m. to help with the celebration. You will have a chance to learn some interesting facts about this Chinese holiday celebrating the Spring festival.

Yianni's is our *dinner* destination on Friday, the 30th.

Benevolent Dinner

The time for this year's Palms Foundation Benevolent Dinner is approaching. This year the gala event will be held on Thursday, February 12th right here in our Main Dining Room. More details later about ticket sales.

Thoughts for the week

It it's zero degrees outside today and it's supposed to be twice as cold tomorrow, just how cold is it going to be?

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A diplomat is a man who always remembers a woman's birthday, but never remembers her age.

Robert Frost

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The man who complains about the way the ball bounces is likely the one who dropped it.

Lou Holtz

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Age is not a particularly interesting subject. Anyone can get old. All you have to do is live long enough.

Groucho Marx

Volunteer News

As we begin a new year most people reflect on their accomplishments during the past year and they also look forward to how they can help others in this new year. One way is by volunteering to visit with residents who may need a little cheering up. Usually when you visit with someone, you discover that it has brightened your day also. We have a lot of residents who do not have family members living close so they would appreciate a visit. Please contact an Activities Associate to get some guidance and they will introduce you to someone you can befriend.

If you have hidden talents or skills, also let us know as we need people who will help lead some simple programs.

Friendship Reception

Our Friendship Reception on Monday afternoons at 2 p.m. is a great way to meet your neighbors and find out what's happening this week at the Palms. This is especially helpful for our residents who have some problems reading the printed version of the Palms World.

Join us in the Oak Activity Center.

COMING EVENTS

Please see Page 1 for Floor Meeting times and when you can help take down Christmas decorations on your floor.

- Monday, 1/5
- General Store - 12 to 1 p.m. - Place orders! - Next to Gift Shop
 - Friendship Reception - 2 p.m. - Oak Activity Center
 - Bunco - 3 p.m. - Oak Activity Center
 - Bridge Club - 6:30 p.m. - Library
 - Surprise Cinema - 6:30 p.m. - Oak Activity Center
- Tuesday, 1/6
- Publix Trip - 8:00 a.m. - Tower Residents - 8:00 a.m. - Poinsettia Residents
 - Penny Pokeno - 2 p.m. - Oak Activity Center
 - Movie - "7 Brides for 7 Brothers" - 6:30 p.m. - Oak Activity Center
- Wednesday, 1/7
- General Store - 12 to 1 p.m. - Pick up orders! - Next to Gift Shop
 - Bible Study with Cecil Hess - 1:15 p.m. - Weimer Memorial Chapel
 - Travel - "Luxury Trains of the World" - 2 p.m. - Oak Activity Center
 - Wii Fun - 3:30 p.m. - Oak Activity Center
 - Euchre - 6 p.m. - Library
 - Movie - "The Love Bug" - 6:30 p.m. - Oak Activity Center
- Thursday, 1/8
- WalMart Trip - 8:45 a.m. - Poinsettia Residents - 9 a.m. - Tower Residents
 - Veterans Gathering - 10 a.m. - Library area
 - Red Hat Lunch - 11:15 a.m. - Oak Activity Center
 - Wii Sports - 2 p.m. - Oak Activity Center
 - Oh Shoot! - 3 p.m. - Oak Activity Center
 - Bingo - 6:30 p.m. - Oak Activity Center
- Friday, 1/9
- Publix Trip - 8:45 a.m. - Poinsettia Residents - 9:00 a.m. Tower Residents
 - Woodhaven Estates Choir - 10 a.m. - Oak Activity Center
 - Bank/New Mall Trip - 1 p.m. - Oak Avenue Lobby
 - Gospel Notes - 2 p.m. - Main Dining Room
 - Movie - "Cowboys and Angels" - 6:30 p.m. - Oak Activity Center
- Saturday, 1/10
- Chapel - 9 a.m. - Cecil Kent - Weimer Memorial Chapel
 - Coffee Club - 9:30 a.m. - Library
 - 50th Anniversary Block Party- 2-4 p.m. - Oak Avenue
- Sunday, 1/11
- Movie - "The African Queen" - 6:30 p.m. - Oak Activity Center

Tower Chapel Services Saturday - 9:00 a.m.



- January 10 - Cecil Kent
 January 17 - Keith Simmons
 January 24 - Cecil Kent
 January 31 - Sam McCaman

H.C. Chapel Services & Bible Study (1st Floor Dining Room - 10 a.m.)

- Wednesday, Jan. 7 - Ralph Burns
 Thursday, Jan. 8 - Don Swope
 Wednesday, Jan. 14 - Gary Kindle
 Thursday, Jan. 15 - Steve Hagen

Come to Coffee Club

Monday - Saturday, 9 a.m.

Library

Conversation, coffee, and treats!

New location - same results. This is an ideal time to get to know your neighbors, read the newspaper, drink that second cup of coffee and enjoy something sweet provided by the kitchen. All residents are welcome to meet around the round tables.



The World

"The World" is published weekly for the benefit of residents, staff, friends and visitors at The Palms of Sebring Retirement Community. Ideas and article contributions are welcome. Please call Nancy Hawk, Editor, 402-4710.