

The

Palms World

July

2009

Issued Monthly

Palms of Sebring 725 S. Pine St Sebring, FL 33870

(863) 385-0161

Contact: Adele Ext. 3175

Celebrating July

Grilling Month

Canada Day

July 1

U.S. Independence Day

July 4

Tour de France Cycling Race

July 4-26

Bikini's Debut

(And we've never forgotten)

July 5, 1946

Tell the Truth Day

(Could be a tough one!)

July 7

Gorgeous Grandma Day

(Is there any other kind?)

July 23

National Day of the Cowboy

July 25



50th Anniversary Banquet Revisited



We had a fabulous turnout for our 50th Anniversary Banquet on June 16th! The five course meal prepared by Chef Mac was scrumptious and the giant anniversary "cake" (in the background) created by Lester Kesselring looked almost good enough to eat too!

Should You Go First

(submitted by Dottie Langham)

Should you go first and I remain
To walk the road alone,
I'll live in memory's garden, dear,
With happy days we've known.
In Spring I'll watch for roses red
When fades the lilac blue,
In early Fall when brown leaves fall,
I'll catch a glimpse of you.

Should you go first and I remain
For battles to be fought,
Each thing you've touched along the way
Will be a hallowed spot.
I'll hear your voice, I'll see your smile,
Though blindly I may grope,
The memory or your helping hand
Will buoy me on with hope.

Should you go first and I remain
To finish with the scroll,
No length'ning shadows shall creep in
To make this life seem droll.
We've known so much of happiness,
We've had our cup of joy,
And memory is one gift of God
That death cannot destroy.

Should you go first and I remain,
One thing I'd have you do;
Walk slowly down that long, lone path,
For soon I'll follow you.
I'll want to know each step you take,
That I may walk the same,
For someday, down that lonely road,
You'll hear me call your name.

-- Albert Rowswell

From Skeet to Chickens



Harry Olson (with wife Dorothy) used to do quite a bit of skeet shooting at one time—and was pretty darn good at it too! Now that we have a Wii System, he's been trying a new 'sport'--- Chicken Shooting. Obviously, when it comes to targets & guns, he's never lost his touch----- His precision rating is 99%!!!! Always the perfectionist, Harry is going for 100%. No doubt he'll do it too.

Simple Crochet Help Needed!

The annual Apple Festival (Sept 29-Oct 1) is rapidly approaching. Residents and volunteers are an important part of making this event happen.

At this point in time we need help with crocheting the tops of tea towels-- the kind that hang on stove and refrigerator doors.

If you are interested in helping, contact Adele or Nancy in Activities. We have all the supplies and a sample if needed.

Thank you!

~Life is simple, it's just not easy.

Chaplain's Chat

By Chaplain Cecil Hess



On Sept. 1, 1929 a terrible event hit an island in the Pacific. A devastating earthquake lasted for more than 3 hours, killing over 100,000 persons. A cry of help went out to the world.

The United States responded with food, medical personnel, financial resources, and many other volunteers. As the nation set out to rebuild, their leader sent a telegram to the President of the United States, stating, "America, we will not forget."

Move forward a few years. Some may remember what they were doing when the peaceful skies of Hawaii were broken by the sound of enemy airplanes. They pursued their attack; as US planes were destroyed, 3000 men and women lost their lives due to this attack.

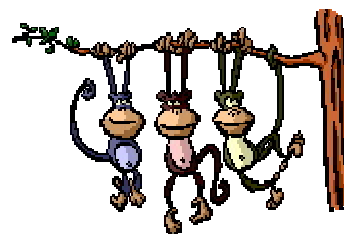
The common thread is this: the same country which said "America, we will not forget" is the one that brought death and destruction at Pearl Harbor. Apparently, Japan had forgotten.

We can make judgments about how Japan failed in its efforts to conquer the world, but at the same time we must remember what our nation means to us.

As we celebrate the July 4 holiday, let us not forget those brave men and women who risked their lives to help this nation rise to greatness. Men such as Benjamin Franklin, George Washington and others, often called upon God to guide our efforts. Years later, Abraham Lincoln reminded us not to forget God in the midst of our prosperity.

In 1954, the Pledge of Allegiance was amended to add that we are one nation "under God". Let us pray that we will always remember the heritage passed on by those who have come before us, and that the God who created us is in fact the author of liberty. God bless America! - Chaplain Cecil

Swing into Activities Month



The Wellness Department is going bananas this month! For each activity a resident attends, they will receive a stamp on their "safari ticket". The resident with the most stamps by the July 31st (Jungle July Day) will receive a special gift. So stop hanging around and swing into activities!

Red, White and Blue Day



On July 2nd be sure to wear your red, white & blue! Our Staff will be trying to outdo each other in wearing the most colors so let's all show our patriotism too!

Hobby Demo with Betty Lou Moll



Miss Betty Lou demonstrating her craft—creating beautiful beaded necklaces and bracelets. She originally began beading when she couldn't find a set of black beads to wear one day. Why not make what you want! And so it began. Her work is perfection.

July Birthdays

If you were born from June 22-July 22, you are a Cancer, the crab. If you were born from July 23-August 22, you are a Leo, the lion. A Cancer is emotional, caring, ready to lend a helping hand, and dedicated to supporting both people and causes they believe in. Leo is the most extroverted sign in the zodiac. Leos are ambitious, self-confident, and born leaders who thrive when faced with adversity.

- Mary Benschoter.....July 1
- Mary Shreders.....July 6
- Bob Wood.....July 7
- Jessie Sands.....July 9
- Mary Ellen Jones.....July 11
- Drene Countryman.....July 13
- Gordy Ruebelmann.....July 21
- Jeanne Briggs.....July 24
- Michael Postek..... July 30

W h a t i s i t ?



Ace Henderson took a few close-up photos of some ordinary items. Can you tell what they are?

[Answers: No Peeking! Water fountain push switch, elevator buttons]